

# Center for Compassionate Leadership Transform Your Leadership Approach with CFCL Training

In today's fast-paced and ever-changing work environment, leadership demands more than just strategic acumen and business expertise. The modern leader must cultivate a compassionate approach to inspire and engage their teams, fostering a culture of trust, resilience, and innovation. The Center for Compassionate Leadership (CFCL) offers a transformative training program designed to equip leaders and organizational influencers with the skills and insights needed to lead with compassion and create a thriving workplace.

**Course offerings:** 8-week Online Course - 1.5 hour webinar and 1 hr additional work Session times: all 12.30 – 2:00 PM

Course dates 12th March 19th March 26th March 2nd April

#### **EASTER**

23rd April 30th April 7th May 14th May

#### 4 reasons why compassionate leadership matters more than ever.

- 1. Lack of Employee Engagement: A 2023 Gallup survey reveals that 77% of employees are not engaged at work, leading to reduced productivity and innovation. Engaged employees are essential for maintaining a healthy and dynamic organization.
- 2. **Burnout and Stress:** The pandemic has exacerbated stress levels, impacting employee well-being and retention. Addressing burnout is crucial to **reducing absenteeism and turnover**, ensuring a motivated and productive workforce.
- Narrow Focus on Profit: Solely focusing on profit often overlooks the importance of employee well-being. Integrating compassionate leadership can enhance organizational effectiveness, creativity, and stakeholder satisfaction.
- 4. Remote Work Challenges: The shift to remote work has created a sense of disconnection among employees. Rebuilding human connections and fostering a sense of belonging is vital for maintaining engagement and productivity in a hybrid work environment.

#### **Compassionate Leadership Certification Training**

Can you relate to these challenges? Our CFCL training programs aim to enhance compassionate leadership skills, addressing the challenges mentioned above. By recognizing employees as valuable contributors, this training fosters a sustainable and ethical business model, rebuilding connections and creating a sense of belonging within your workforce.

#### **Key Course Components:**

**1. Self-Development**: Emphasize personal growth, emotional intelligence, and mindfulness to lead with compassion and authenticity.



- **2. Tools for Social Architecture:** Implement and operationalize compassionate practices using frameworks developed by Monica Worline and Jane Dutton\*, focusing on roles, routines, networks, and culture.
  - Roles: Empower leaders at all levels to act with compassion and support their teams.
  - **Routines:** Establish practices such as regular check-ins and feedback sessions to embed compassion into daily workflows.
  - Networks: Build strong interpersonal networks and inclusive communities within the organization.
  - Culture: Embed compassion as a core organizational value, reflected in all policies and practices.
- **3. Leadership Development**: Integrate compassion into recruitment, onboarding, performance reviews, and compensation processes to create a positive work environment.
- **4. Building a Supportive Community**: Connect with a network of alumni for ongoing support and shared experiences, ensuring sustained implementation of compassionate practices.

Join a global community of over 500 leaders from 50+ countries who have transformed their leadership through CFCL training since 2019. Enhance your self-awareness, self-compassion, and vulnerability to improve leadership presence, build strong relationships, create safe cultures, and navigate difficult conversations effectively. Develop compassion competence using proven frameworks and evidence-based tools to build high-performing teams.

Compassion and Leadership: This program integrates compassion into leadership roles, helping compassionate individuals become better leaders and experienced leaders become more compassionate. It builds personal compassion and applies it within organizations, emphasizing that both are essential for effective leadership. Using research-backed methods, the program provides practical steps to ensure effective implementation.

#### Is This Course Right for You? Ideal for leaders who:

- Seek a leadership approach aligned with personal values and organizational goals.
- Aim to foster engagement and help teams reach their full potential.
- Are motivated to address current workplace challenges with compassion.
- Want to connect with like-minded peers for support and inspiration.
- Have prior leadership training and wish to deepen their practice.

### Compassionate leadership also delivers quantifiable business benefits:

- Improved Employee Engagement: 25% more engaged employees, 20% more commitment, 11% less likely to burn out. Source
- **Higher Job Satisfaction and Reduced Turnover**: A 2021 Ernst & Young survey revealed that 90% of U.S. workers believe empathetic leadership leads to higher job satisfaction. 79% agree that it decreases employee turnover (<u>Thunderbird School of Global Management</u>).
- **Increased Productivity:** Compassionate cultures see a 12% boost in productivity. Source: <u>Thunderbird School of Global Management</u>).
- Enhanced Innovation: Catalyst found that 61% of employees who perceive their leaders as compassionate consider their company to be innovative, compared to only 13% among those with less empathetic leaders (<a href="Thunderbird School of Global Management">Thunderbird School of Global Management</a>).
- **Better Financial Performance:** Organizations with compassionate leadership report better financial outcomes. (<u>The King's Fund</u>) (<u>CIPD</u>).
- **Reduced Stress and Improved Well-being**: Lower stress levels and higher job satisfaction contribute to a resilient workforce. (McKinsey & Company).

#### What you need to know:



- Time commitment: 8 weeks 1.5 hour webinar and 1 hr additional work
- What accreditation will I receive? Certificate in Compassionate Leadership

## Ready to transform your leadership approach?

Enrol in the CFCL course today and start making a difference.

Website: www.cfcl.org