

# **Scotland Newsletter**

November 2023 | Issue 15

As the leaves begin to change and the crisp autumn breeze sweeps in, we are delighted to bring you the latest edition of our Women in Property Scotland newsletter for November, and we have been busy!

What a fantastic selection of events we have had over the last few months from the Women in Property Scotland branches, with a real focus on networking, wellbeing and continued professional development.

Starting with the Edinburgh & Glasgow Networking Lunches in August at Café Andaluz, kindly sponsored by Wallace Whittle, we welcomed our new Spanish branch chair Aurora Tallon. We are thrilled to have Aurora who has jumped straight in at the deep end and has already provided so much support for Women in Property Central and is helping the Scottish branches work closer together.

Continuing with a series of inspirational Netwalking events including: The Women of Glasgow Heritage Trail and The Women of Holyrood Park Edinburgh Special Netwalk. Stories of connections, strong women, and female communities really encouraged sharing of personal histories and stories along the way.

We were delighted to host our MILK Supper Club, an inclusive networking opportunity that engaged with the local community. Our members and guests enjoyed a cooking demonstration, followed by a meal and networking at this informal and informative evening.

August stretched into Social September with our Wellbeing Wednesday events: Yoga in (Made in) Stirling and Pilates in Glasgow Botanics - attended in person and virtually and continuing the importance of wellbeing we had our inspiring seminar on How to fight your inner gremlins, and win.

We have had some fantastic site studies including the CPD Accredited: Sighthill Transformational Regeneration Area, a guided tour of the University of Stirling - Campus Central, and Glasgow Barclays Campus.

And let's not forget the Women in Property Student Awards! Following on from the Women in Property Student Awards regional events, 14 students were selected to go before the national judging panel at the "Best of the Best" 2023 Awards Dinner at Claridge's, London. A massive congratulations to our regional finalists, Amy Gillanders and Eilidh MacPherson who did amazingly at the regional, mock and national interviews! What a busy time and some wonderful opportunities for our members and guests.

Look forward to our upcoming events including: a site visit to the New Greyhope School Aberdeen, a lunchtime Self-Esteem & Confidence Workshop, Menopause and the workplace – what you need to know, and a CPD Accredited Webinar on Permitted Development. All of these events are open for booking via the Women in Property website or app along with tickets for the Central Scotland Annual Dinner 2024!

We look forward to seeing you and as always, our events are open to everyone. Please feel free get in touch for more information on events or if you are interested in joining one of our fabulous committees.

Eilidh Milne Highlands & Islands Chair

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Eilidh Milne, Highlands & Islands Chair

#### **Promotions & News**

Jo Parry-Geddes has been promoted to a Director at Mill Architects.



## A Message from the Scotland Board

Hello again, everyone!

Firstly, there is something being worked up by the Scottish Team and a very important showcase event which we hope will be held next year. I am sworn to secrecy about the detail at present but watch this space! Announcement hopefully to be made in due course.

Can't stand the suspense? Well, there are a number of other things to share with you.

The Annual Dinner has been announced to take place on March 8<sup>th</sup> at the Grand Central Hotel in Glasgow. Tables are selling out fast, so get your orders in quickly. This is always a fantastic event – a great opportunity to treat guests and network.

The Christmas drinks and networking events in November and December in each of the three regions will soon be available to book. Again, these are great chances to meet fellow members and celebrate early!

The Schools Outreach Programme continues to grow and that is an initiative that has so many benefits for all of the participants.

We reviewed at Board level last Friday the role of the Board and what it should look like going forward. A number of excellent ideas came out of that and I'll bring you an update in the next newsletter.

Can I take this opportunity to thank all the Board members, past, present and future for all of your hard work and support. That has been, and will continue to be, invaluable. Can I also thank all the hard working committee members who put in so much of their own time to give members the support and opportunities that they need and love. Finally, thanks to Hannah for being a fantastic Vice Chair. Hannah, I couldn't do this without you!

See you all soon, I hope!

Best wishes, Karyn

## News from the Highlands and Islands

In the last few months Women in Property have had some great events with the Highlands & Islands branch. In July we networked in style with delicious cocktails and canapes at our summer drinks event at the swish new Marriott AC Hotel in Inverness.

We had Part 2 of our Net Zero in the Highlands & islands series with a lunchtime webinar on Sustainable Forestry and Timber in Construction. 'From seed to structure' this webinar was informative and inspirational and left us thinking what we as property professionals can do to support our Sustainable Scottish Forestry. This event was free to members and for the first time Students also, as we branch out into student engagement.

A big thank you to our wonderful Highlands & Islands Committee for all of their efforts in orchestrating these inspired events and a warm welcome to our new Junior Vice Chair Emily Flett-Grant of Ledingham Chalmers who is already getting stuck into organising future events! We are delighted to have you onboard.

And let's not forget our <u>Winter Drinks Event</u> which this year will be held on the 30th of November at the Wee Bar in Inverness. Come join us for some cocktails and canapes where we can relax and network as we celebrate a very successful year of Women in Property! As always, everyone is welcome. Come and expand your network.

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#### **Coming Soon**

Padel & Patina at Edinburgh Park 8<sup>th</sup> November – Edinburgh

**CPD: Threads of Sustainability – Swapping Styles, Shaping Places** 15<sup>th</sup> November – Glasgow

**CPD: Make Space for Girls** 28<sup>th</sup> November - Webinar

Winter Drinks – Highlands and Islands 30<sup>th</sup> Nov - Inverness

Winter Drinks – Central Scotland 7<sup>th</sup> Dec - Edinburgh

Central Scotland Annual Dinner 8<sup>th</sup> March 2024 - Glasgow

To find out more and book <u>click</u> here.

#### 'Best of the Best' Student Awards, London

What an inspiring evening in London, celebrating the 2023 Student Awards! The 14 regional finalist students were from a variety of disciplines within the property industry and demonstrated the best of young talent coming with fresh ideas to push for positive change in the industry.

Congratulations to the Central Scotland regional finalists Amy Gillanders and Eilidh MacPherson, and Jordan Miller from Northern Scotland. Each of them did amazingly well at their regional interviews, mock interviews and the National interviews in London.

The winner of the Student Awards was Elsie Gribbon, an Interior Architecture and Design student studying at Birmingham City University

Aurora, CS Chair, commented that she has learnt lots from each of the finalists and highlighted a particularly interesting speech by Jason Longhurst on the evening. Jason has called for real coordinated action on the climate emergency in the industry, now, there is no time to waste...

With thanks to Vanessa Lancaster for all of the organisation behind the event, and Sue Maguire and Caroline Rutherford for all of the support.

And, finally, a special thanks to McLaughlin & Harvey and BakerHicks for their sponsorship of the event. It was fantastic to have Amy McBride and Claire Rosset joining us in London for the awards!

Well done again to all of the students, to Elsie, and we look forward to learning from the next generation of talented property professionals.







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### Netwalks

The Central Scotland Netwalking sessions have continued to be popular in Edinburgh and Glasgow. In August, we arranged special netwalks, which were hosted by guides. The Edinburgh edition was led by Holyrood Park Ranger Sarah Cooper, from Historic Environment Scotland, who led the group on an extended tour of Arthur's Seat telling us about the women of the past who shaped the Park of today.



In Glasgow, the special netwalk was led by volunteers from The Thistles and Dandelions Inclusive Heritage Project for Empower Women for Change. The tour took the group round places in the city that are part of the history of women in Glasgow. From the old site of Meridian, Glasgow's first resource centre for Black, Asian and ethnic minority women, to the River Clyde where stories of Irish immigration and shipbuilding brought women to build lives with their families and create communities. With lots of stories of connections, strong women and female communities, the group was inspired to share their own personal histories and stories along the way. A lovely reflection of Glasgow today!



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#### Annual Dinner Tickets – On Sale Now!



#### Schools Outreach

The Central Scotland Schools Outreach Team led by Amy McBride and Jane Elder (McLaughlin & Harvey) are always looking for support from volunteers. Each expert session involves 50 minutes of classroom time, with some preparation time required before hand for their presentation to the pupils and any activity they might want to do.

If you are interested in volunteering, please make contact with Amy or Jane: <u>amy.mcbride@mclh.co.uk</u> / <u>jane.elder@mclh.co.uk</u>



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## Sustainable Conservation. How? Not if!

Kindly sponsored by Purcell, some of the best experts on sustainability and conservation were brought together for an illuminating discussion on how sustainability and conservation approaches should be applied more often in all types of construction projects.

It was great to hear from Lorna Crane and Laura Baron from Purcell about how all the challenges in existing buildings can become opportunities which help in the long-term solution for the maintenance and retention of buildings, with lots of great case studies.

It was interesting to hear from Christina Sinclair, director at Edinburgh World Heritage about the opportunities for support and funding to get heritage buildings back to great condition, and from Louisa Humm from Historic Environment Scotland about some of their key case studies and the importance of engaging with the conservation bodies and experts to explain the condition of existing buildings and all the conservation upgrades proposed to ensure good collaboration in the process.

An especially inspirational point was made by Lindsay Walter Adams, from the sustainable engineering team at Harley Haddow, on sharing knowledge and lessons learnt from sustainability and conservation achievements, even sharing the mistakes so we can all learn faster from them.

Lots of resources were shared by the panel to support in conservation and sustainability aspects such as:

- A great collection of support documents from Historic Environment Scotland: <u>https://lnkd.in/efJAuQT9</u>

- To the support and membership opportunities for funding for heritage buildings with Edinburgh World Heritage: <u>https://ewh.org.uk/</u>

- The LETI, climate emergency Retrofit guide: <u>https://lnkd.in/eEzeE-Jt</u>

## Summer Networking Lunches

Central Scotland hosted two fantastic networking lunches, in Glasgow and Edinburgh, to allow members to network over a relaxed lunch with delicious tapas!

With thanks to Wallace Whittle for the sponsorship of the Edinburgh lunch and Keir Construction for sponsoring the Glasgow event.

The attendees of the Glasgow lunch heard from Emily Carr, Keir Construction, who spoke about her ED&I research project which was undertaken in Sweden.

Emily is also involved in Keir's initiative 'Building Better Careers for All' – she has since been shortlisted for the Top 100 Influential Women in Construction. Past Chair, Mairi Murray also updated the attendees on the latest happenings from the Central Scotland branch!

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## **MILK Supper Club**

Women in Property hosted a supper club with MILK Catering, a Glasgow-based social enterprise which was established to empower and support women from refugee and other migrant backgrounds that live in Glasgow.

The event was hosted at Threesixty Architecture's offices\_\_and involved some of the team from MILK. Angela Ireland discussed the work that they do, and chefs, Fatima and Weam, demonstrated how to make Yalanji – a vegetarian stuffed grape leaf. Guests enjoyed a delicious buffet, prepared by Fatima and Weam, with stunning flavours. The event was fully inclusive, non-alcoholic and sold out too! A highlight of our event calendar!

Thanks to Threesixty for hosting and to Gardiner and Theobald for sponsoring this community focused event as part of their 'business with purpose' initiative.



## Well-being Wednesday

We took things down a notch during 'Social September' and decompressed at two unique venues: Made In Stirling and Glasgow's Botanic Gardens.

Members and guests joined Lauren McLachlan of Ebb & Flo for a yoga session within the exhibition space at 'Made in Stirling'. This was our first event in Stirling and we were delighted to be joined by Lisa McRavey, Sheena Raeburn FLI, Rhiannon Moore, Sarah Harrop, Jillian Love and Lynn Findlay.

The Glasgow pilates session energised and nourished in beautiful surroundings. Instructor Kelly was joined by Aurora Tallon, Cher Wilkie and Gemma Sommerville.

Both sessions ran simultaneously to provide location options in the west and east central areas.

The introduction of yoga and Pilates to our events schedule this year reflects the focus we have on caring for members' mental wellbeing and their diverse interests.

We hope to see you at our next well-being event!





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#### Athena Leadership Coaching Session: How to Fight Your Inner Gremlins and Win!

Last week our members and guests were empowered by Nicola Barclay from Athena Leadership Coaching and Consulting, as she shared tips on finding our inner power and dealing with the Gremlins that we all have!

Nicola offers group and one-to-one coaching sessions so if you are interested in finding out more visit: <u>https://www.athena-coaching.co.uk/</u>

Thank you to Tsunami Axis who kindly hosted us in their beautiful Edinburgh Office!



## Site Study: Sighthill Transformational Regeneration Area

It was a great turnout for the CPD Accredited site study tour of Sighthill Transformational Regeneration Area - The biggest regeneration project of its kind outside of London.

The scale of the development at Sighthill is difficult to comprehend from a plan, so the tour offered an excellent opportunity to experience Glasgow's redeveloped neighbourhood first-hand.

Expertly led by LDA Design, attendees were treated to a presentation covering the award winning 10-year design and development process, highlighting the unique remediation and drainage challenges to be addressed at the site in order to unlock the potential of Sighthill and wider developments in the North of Glasgow like Dundashill. Dan Thompson, Development Director at Keepmoat explained how the impressive new housing has been successfully delivered onsite and it's clear that community engagement has been a key priority for Keepmoat with many impressive initiatives being undertaken in the area.

We then enjoyed a tour of the development, taking in the high-quality public realm, formal and informal play spaces, SUDS features, community gardens, bouldering opportunities, and outdoor sport facilities, and experienced the welcoming approach to Sighthill Bridge with its terraced seating and soft landscaping with wild flower features which is quite a contrast from the industrial style of the bridge itself. There are nods to the industrial past of the site scattered throughout the development, —tying the old with the new. The detail in the delivery of the public realm strategy at Sighthill is outstanding.

This exemplar development is likely to lead the way in best practice for future regeneration projects and we can't wait to come back and see how the project is progressing down the line.

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For anyone working or living in the city centre (and beyond!) Sighthill is definitely worth a visit for a lunchtime wander - it truly is a unique regeneration project for Scotland.

Thanks to LDA Design and Iceni Projects for sponsoring the site tour and to Keepmoat for the use of their North Bridge hub facility.



#### Barclay's Campus Site Visit, Glasgow

In October, we had the much anticipated site visit to the Barclay's Campus in Glasgow.

We began with breakfast at the Tradescroft Building and a presentation by Barclay's Capital Project Lead Ron Coghill. Ron was a student at the Glasgow School of Art and today, leads on major construction builds for Barclays.

The building is exceptionally impressive, hosting a gym, restaurant, workplace space, foodhalls and many event spaces not to mention the glamorous and well thought out interior which also carefully takes into consideration all ESG aspects.

The campus is a major project located at Clyde Place which was project managed by our event sponsor Turner & Townsend.

Thank you to Ron Coghill and Paul Reilly, Director of Turner & Townsend for taking the time to show us around.



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## University of Stirling Campus Central Site Visit

Women in Property went on a fantastic tour of the award-winning Campus Central at the University of Stirling.

This landmark redevelopment has transformed the centre of the University Campus from a trafficked roundabout and bus terminal into an accessible and dynamic social heart. A hub for students, staff, and the local community.

Campus Central is part new build and part extensive reuse of a 1970s steel framed structure. External space is integral to the project vision and resolves a range of accessibility issues across the site.

Expertly led by Project Landscape Architect Ana Teresa Cristóbal and Project Landscape Architect Sam Shaw, attendees enjoyed a walking tour of the completed project. The designers showcased their passion for the development, detailing some of the challenges they faced in realising this complex scheme.

Thanks to RaeburnFarquharBowen Landscape Architecture for sponsoring the tour and providing lunch at the Stirling Court Hotel on campus afterwards – a quiet setting for some follow up chatter and connecting with a fab group of people!

For anyone in the area, the campus at the University of Stirling is worth a visit for a lunchtime wander – a fantastic resource for students, community and beyond.







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