



Becoming Bulletproof is a timely guide to empowerment, mental strength, and overcoming fear and abuse - a guide to becoming bulletproof.

Evy Poumpouras is a former Secret Service Special Agent, on the protective details for former Presidents Barack Obama, George W. Bush, William J. Clinton, and George H.W. Bush. She received the United States Secret Service Medal of Valor Award for her heroism on 9/11.

From gruelling training to clandestine interrogation rooms, to protecting the President of the United States of America, Evy shares rare behind-the-scenes glimpses while also exploring the psychology of human behaviour and the strategies used by the best negotiators. Evy demonstrates how we can learn from these experiences to heighten our own natural instincts to detect BS, develop grit and become the most resilient and powerful version of ourselves.