

The 2021 South West Student Awards are sponsored by:





## Do you have a mantra?

Can they benefit us?

Wednesday 19 January 2022 4:30pm – 5:30pm Registration Deadline: Tuesday 18 January 2022

Do you find that some days, or at times in the day, you start to lose your confidence, focus or belief...if this is the case, attend this event which will investigate the power of mantras!

Join Women in Property to explore the importance of having rituals and ceremony in our lives, and how they help us.

**Judy Salmon** will be leading this workshop, when we will come together and discuss:-

- What is a mantra?
- Why would I have one and what is its benefit?
- What needs to be included in a mantra?
- The mantra for me or my team how to create it
- Putting it into practice creating your ritual



Women in Property
South West



Event organiser: Rebecca Ridge

Tel: 0117 364 3250

Email: rridge@chapmantaylor.com

Registration queries: booking@womeninproperty.org.uk

<b>Event Name:</b>	Do you have a mantra?		Code:	SWW190122
Type:	Webinar		Location:	Webinar
Date:	19 January 2022		Time:	4:30pm
Cost:	Member	Free	Non-Member	Members Only

## To book: -

- Members book and pay via the <u>Women in Property App</u>
   Or
- click here to submit your details

No refunds for cancellations or non-attendance

If Members would like to update their contact email address on the membership database, please email details to <a href="membership@womeninproperty.org.uk">membership@womeninproperty.org.uk</a>



