

New Year Detox – an Evening of Yoga

Wednesday 15 January 2020

6pm – 8pm

**Edwin Coe LLP, 2 Stone Buildings, Lincoln's Inn
London WC2A 3TH**



[@WiPseast](https://twitter.com/WiPseast)



[Women in Property South
East branch](#)

Join us for a New Year Detox with an evening of yoga and detoxifying smoothies.

Sefali Dhani will be leading a yoga class suitable for all levels aimed at kick starting your detox (no previous experience necessary). Sefali is a qualified yoga instructor who has practiced yoga for over 15 years. She creates such a relaxing environment for her classes and the evening promises to be the perfect way to start the new year.

Finish off your 1.5 hours yoga session themed around detox with networking over a healthy smoothie or a glass of something stronger. Numbers are limited.



To Apply: Please fill out and return the attached form together with your cheque (payable to "Women in Property") to: Kathryn Fletcher, Edwin Coe LLP, 2 Stone Buildings, Lincoln's Inn, London, WC2A 3TH or via dix 191 LDE

0207 691 4042

events@edwincoe.com

Please email event organiser for BACS details; no refunds for cancellations

New Year Yoga 15 January 2020		Members £20	Non members £35
Name:		
Company:		
Contact Tel No:		
Email Address:		
Number of places required:MemberNon-Member	
Is this your first event?	Yes or No		

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