



## New Year Detox - an evening of yoga and smoothies

Tuesday 29 January 2019 6pm Birketts LLP, 22 Station Road, Cambridge CB1 2JD



## Join us for a New Year Detox and an evening of yoga and detoxifying smoothies.

Naomi Smith will be leading a yoga class suitable for all levels (no previous experience necessary). Naomi is a qualified yoga instructor who has practised yoga for over 15 years, she creates such a relaxing environment for her classes, the evening promises to be the perfect way to start the new year. Finish off your evening with networking over a healthy smoothie or a glass of something stronger.



**To Apply:** Please fill out and return the attached form together with your cheque (payable to "Women in Property") to: Claudia Haisman-Green, Birketts LLP, 22 Station Road, Cambridge CB1 2JD or dx 131969 Cambridge 6

Please email event organiser for BACS details; no refunds for cancellations

01223 326647 Claudia-Haisman-Green@birketts.co.uk

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New Year Detox 29 January 2019 Member £15 Non-Member £25	
Name:	
Company:	
Contact Tel No:	
Email Address:	
Number of places required:MemberNon-Member	
Is this your first event? Yes or No	

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